

BOOKS & BYTES

Cary Area Public Library

June • August 2015

SUMMER READING, JUNE 1-AUGUST 15

Cary Area Library cardholders of all ages are invited to join our summer reading programs. There will be prizes and treats for all. Sign up online at caryarealibrary.info or at the Information Center beginning Monday, June 1 and let the logging begin!

SUMMER READING KICK-OFF PARTY SATURDAY, JUNE 6, 10 AM-2 PM



**FIT
READ-
ING
IN**

► **Chicago Bears mascot Staley Da Bear, 10-11 am**

Staley and his emcee will combine comedy and hands-on education to highlight the four downs: eating healthy, drinking water, proper rest and staying active. Each child will receive an activity booklet and be encouraged to participate in Staley's six week fitness challenge. Children who complete the fitness challenge will receive a certificate and be entered to win two tickets to a Chicago Bears game and on field recognition. Back parking lot.

► **I'm Forever Blowing Bubbles, 11 am-1 pm**

View self-inflating bubbles, plastic bubbles, bubbles attracted to magnets and bubbles that burst into flames. Children will make their own giant bubbles ; some children will be put inside one. Back parking lot.

► **Hula Hoop/Jump Rope Contest, 11 am -12 pm**

Practice with our hula hoops, then enter the timed competition for the championship. Still not tired out? Try out our jump ropes, then face off against others in your age group. Back parking lot.

► **Sit'N Swing with Brenda, 1-2 pm**

Ladies and gents, miss moving to those great classics? Brenda from Cary Physical Therapy will be here to keep you moving. Why not dance safely from a chair? Just do what you can! It's an hour of fun, exercise, and great company - come alone or bring a friend. Library meeting room.

SUMMER PHOTOGRAPHY CONTEST

Pick up your camera and show us your world! Adults and teens (entering grade 6 and up) are invited to enter our Summer Photo Contest. The photos that best reflect this year's theme, *It's the Little Things*, will be eligible for prizes awarded by the Teen Advisory Board. Entry forms will be available online and at the Information Center beginning June 1, entries will be accepted through July 12, and photos will be displayed the last two weeks in July.



New @ Your Library

NOW OPEN ON SUNDAYS YEAR-ROUND!

Program registration begins Friday, May 15.

FOR THE FOODIES ▼

Beyond the Basic BBQ

Wednesday, June 10, 6:30-8 pm

Chef Maddox will introduce you to some new recipes to enjoy during casual evenings. Go beyond the basic burgers, buns, and garnishes as he demonstrates some great toppings, different items to grill, and advanced grilling techniques. Recipes will be provided to all attendees.

What's A Food Co-op?

Wednesday, July 8, 6:30-8 pm

Did you know there is a food co-op in McHenry County? Join Maureen Almazan to learn about food co-ops, why they are important, and how they operate. There will be time for Q & A.

ADULT BOOK DISCUSSION ▼

Join one of our book groups for a lively discussion. Books are available each month at the Circulation Desk.

► JUNE

Wednesday, June 24, 10:30-11:30 am

Thursday, June 25, 7-8 pm

The Orphan Train • Christine Baker Kline

► JULY

Wednesday, July 22, 10:30-11:30 am

Letters From Skye • Jessica Brockmole

Thursday, July 23, 7-8 pm

The Storied Life of AJ Fickry • Gabrielle Zevin

► AUGUST

Wednesday, August 26, 10:30-11:30 am

Little Heathens • Mildred Armstrong Kalish

Thursday, August 27, 7-8 pm

The Invention of Wings • Sue Monk Kidd

YOUR HEALTH ▼

Healing the Body with Energy

Sunday, June 7, 2-4 pm

Peggy Dickson, a certified practitioner of Healing Touch, will introduce you to the basic techniques of this therapy. Gentle touch is used to stimulate organs and systems, relax muscles, calm the mind, and promote healing.

Bone Health

Wednesday, August 5, 7-8 pm

Deb Gulbrandson from Cary Physical Therapy will discuss ways to keep your bones healthy and avoid painful injuries and decreased mobility.

AGELESS GRACE SERIES ▼

Please sign up for each session separately.

21 Simple Tools for Lifelong Comfort and Ease

Wednesday, July 22, 7-8 pm

Hedy Duggan introduces you to the concept of Ageless Grace beginning with 21 Simple Tools for Lifelong Comfort and Ease. While seated in a chair, you'll learn to improve your balance, flexibility, mobility and coordination.

Timeless Fun Fitness for the Body and Brain

Wednesday, July 29, 10:30-11:30 am

Hedy Duggan will introduce easy exercises targeting memory, recall, and strategic planning.

Anti-Aging Exercise Anyone Can Do

Saturday, August 1, 10:30-11:30 am

Hedy Duggan will teach more skills that will help you improve your balance, flexibility, mobility as well as memory, recall and creative thinking.

ARMCHAIR TRAVEL ▼



Scenic Wonders in Wyoming and South Dakota

Wednesday, June 17 7-8:30 pm

Ralph Danielsen will introduce you to some of the many scenic wonders found in Wyoming and South Dakota. From the Badlands, Black Hills, Devil's Tower, Beartooth Pass, Yellowstone, Grand Tetons, and the remnants of the Oregon Trail, this is a virtual journey to be remembered.

Michigan Beachtowns

Wednesday, July 15, 7-8:30 pm

Warm sandy beaches, blue water, sailboats, towering sand dunes, lighthouses, and fresh blueberries... you will find all these things in the beachtowns of Western Michigan. You will also find traces of fur traders, Indian villages, old forts, and lumber camps. Nancy McCully will explore this longest continuous stretch of freshwater beach in the world.

GET GARDENING ▼

Native Wildflowers

Wednesday, June 24 7-8:30 pm

Learn more about summer-blooming native wildflowers with horticulturist Sharon Yiesla. She will show you how to use native plants in your landscape and familiarize you with a variety of native wildflowers that flower during the summer.



BECOME AN EXPERT ▼

People Pics Workshop**Tuesday, June 30, 7-8:30 pm**

Grades 6-adult. Award-winning photographer and instructor, Nancy Merkling, will teach how to analyze your available light and compose your shots. Her insights will help you take your "people" pics to the next level.

Organizing Your Life With Your Smartphone**Wednesday, July 1, 7-8 pm**

Are you getting the most that you can from your smartphone? Judy Fitzgerald, a local ADD coach, will share tips and tricks that will help you organize and simplify your life using your smartphone.

Be Successful in Any Relationship**Sunday, August 2, 1:30-4 pm**

Join us for an interactive and fun workshop that is all about all kinds of relationships--parent/child, marriage, dating and friendships. Molly Hillig will discuss ways to improve your interactions with those around you and teach you some tools to make your relationships more rewarding.

ALL ABOUT ART ▼

Food Stamping**Thursday, June 18, 2-3 pm**

Grades K-2. Make a design on paper using fruits and vegetables dipped in paint. Wear old clothes because this could get messy. Limit 20 children.

Fireworks T-shirts**Thursday, June 25, 2-3 pm**

Grades 3-5. Please bring a white cotton t-shirt to decorate. We will supply the markers to create the firework effects on your t-shirt. Limit 15 children.

Garden Decorations**Thursday, July 16, 2-3 pm**

Grades 4-5. Let's make some colorful garden sticks out of foil to decorate your garden or houseplants. Limit 15 children.

Fireflies in a Jar**Thursday, July 30, 2-3 pm**

Grades 1-3. Warm summer nights are here and fireflies are out! Let's work on a firefly picture. Limit 20 children.

Gym Shoe Design**Thursday, August 6, 2-3 pm**

Grades 3-5. Have you ever wanted to design your own gym shoes? Think about what you like...high tops, bright colors, wings, wheels? Come and be creative. We will do our designs on paper with markers. Limit 20 children.

JUST FOR FUN ▼

It's Potty Time!**Saturday, June 27, 10:30-11:30 am**

Ages 1-3 with caregiver. Is your child ready for potty training? Come to our potty party where your child can be introduced to potty training in a fun way. Listen to stories, sing songs, and lend moral support to potty trainees with games and a craft. Take home a trophy, stickers and a potty chart.

Fancy Nancy Party**Saturday, July 11, 10:30-11:30 am**

Ages 3-5 with a caregiver. Join us to celebrate Fancy Nancy's 10 year anniversary! We will work on a craft, play a game, and walk the catwalk.

Minute to Win It!**Tuesday, July 28, 7-8 pm**

Grades 3-5. Hey kids, put your skills to the test. Come in and compete in a series of 60 second challenges. From the popular show *Minute to Win It* there will be a series of minute-long games that's sure to include something for everyone. There will be prizes for the winners in addition to the thrill of participation!

**Let's Visit Trucktown****Saturday, August 8, 10:30-11:30 am**

Ages 3-5 with caregiver. Do you like cars and trucks? Then join us for a Jon Scieszka storytime. Craft + games = fun!

Open Swim at Sage YMCA**Friday, July 24, 1-3 pm**

All ages. All you need for admission is your Cary Area Library card! You will need to sign a waiver and anyone under 18 will need to have a parent sign.

FIT READING IN
THIS SUMMER
JUNE 1-AUGUST 15

ation begins Friday, May 15.

KID TECH ▼

Maker Camp Workshops: Mondays, 12-1:30 pm

Grades 4-5. Back by popular demand! Sign up for one or all three hands-on workshops. Join the maker movement to experiment and innovate @ the library. Registration required.

► *June 22: Art & Design*
Combine art and technology.

► *July 6: Take-Apart and Create*
Take apart appliances and put them back together to create something new.

► *July 20: Makey Makey*
Experiment with this circuit board to create new controllers.

Robotics Workshop

Fridays, June 26 & July 24, 1-4 pm

Grades 5-6. Work with a partner to build one of the LEGO Mindstorms EV# Core Models. Choose from Gyro Boy, Color Sorter, Puppy or Robot Arm. Next, automate your robot by downloading and tweaking the program. Sign up for one or both sessions; classes limited to 12.

FAMILY FUN ▼

Ralph's World

Wednesday, July 29 1-2 pm

Family program; children under nine must be accompanied by an adult. Ralph engages his young fans with activity songs, story songs, dancing songs, and a healthy dose of pure silliness. His upcoming CD features songs that have been turned into children's books, and the important link between music and reading will be emphasized.

Maine in Heaven Therapy Ponies

Saturday, August 29, 10:30-11:30 am

Stop by the library and visit with the therapy ponies from Maine in Heaven. Be sure to bring your camera!

SCIENCE TIME ▼

Dinosaur Day with PaleoJoe

Thursday, June 11, 1-2 pm

Family program; children under nine must be accompanied by an adult. PaleoJoe recently returned from a dig to tell tales of dinosaur hunting in famous Morrison Formation in Utah. Let paleontologist, author and storyteller Joe take you back to the time of dinosaurs! His books will be for sale.

I Spy Science

Tuesdays, 5-5:45 pm

Grades 1-3. Please register for each class. We will investigate and discover the science behind these activities, all while having fun!

► *June 16: We'll be Pom Pom Track Racing!*

► *July 14: We're making Elephant Toothpaste and Blobs in a bottle!*

CSI: Cary

Saturday, June 20, 1-2 pm

Grades 4-5. The Discovery Center Museum of Rockford will be back to train you to become a forensic scientist. Help crack a secret code, find fingerprints, test the evidence and catch the crook as you solve a pretend crime.

Mr. Freeze

Wednesday, July 15, 1-2 pm

Family program recommended for grade 2 and up. Mr. Freeze will show the interesting and fun properties of cryogenics using liquid nitrogen (LN2) in this exciting science-based demo with lots of surprises and a few explosions.

Reptomania

Tuesday, August 18, 6:30-7:30 pm

Family Program. The Science Alliance is back! You'll have a chance to observe, touch and even hold fascinating reptiles and amphibians. Meet "Bubba" the enormous Cane Toad, encounter a legless lizard and many other animals.

STORYTIMES ▼

► FAMILY STORYTIMES

For children birth to age 6 with an adult. Stimulate your child's senses through books, rhymes, music and movement. Pick up your free tickets each day at the Info Center.

Tuesdays, 10:30-11 am

June 2, 9, 16, 23, 30

July 7, 14, 21, 28

August 4, 11

Thursdays, 6:30-7 pm

June 4, 11, 18, 25

July 2, 9, 16, 23, 30

August 6, 13



MEET AMY ▼

I have been a part of the Youth Services department for over two years

and I am amazed at

how quickly the time has gone. I am responsible for the Storytimes here (along with my trusty partner, Rose). I consider it a privilege to serve the community in this fashion. My primary goal is to get children excited about sharing books. Also, I attempt to help parents understand just how critical early literacy activities are to their child's development.

For my personal reading, I love historical fiction. I will read almost anything!

Program registration begins Friday, May 15.

GAMING ▼

Teen Gaming

**Tuesdays, June 2, July 21,
August 25, 7-8:30 pm**

Grades 6-12. Drop in and play Brawl and other Wii games on the big screen. No registration required - bring a friend.

SCIENCE TIME ▼

CSI: Cary

**Saturday, June 20
2:30-3:30 pm**

Grades 6-8. Learn the science behind crime scene investigation and practice some forensic testing. Join us for this hands-on workshop presented by the Discovery Center Museum of Rockford. Registration required.



Arm Knitting

Tuesday, July 14, 6-8 pm

Grades 6-12. One day, one program, one project! Learn how to do arm knitting and create your very own infinity scarf to take home and wear the same day. No knitting experience is necessary - just bring one skein of super chunky yarn and your arms will do the rest. Please register since space is limited.

BECOME AN EXPERT ▼

People Pics Workshop

Tuesday, June 30, 7-8:30 pm

Grades 6 and up. Taking awesome images of the people in our lives isn't as easy as it looks. Award-winning photographer and instructor, Nancy Merkling, will teach how to analyze your available light and compose your shots. She will offer tips and insights that will take your "people" pictures to the next level. Registration required.

Locker Crafts

Thursday, August 13, 11-12pm

Grades 6-8. Don't settle for a plain old locker--make some unique crafts to organize and decorate your school locker and get your school year off to a colorful start. Registration required.

MAKE IT ▼

Firecracker T-Shirt

Tuesday, June 23, 7-8 pm

Grades 6-12. Celebrate the 4th of July with a unique firecracker t-shirt created at this workshop. Bring your own clean white t-shirt, and we will provide the rest of the supplies. Registration required.

TEEN TECH ▼

Maker Camp Workshops

Mondays, 12pm -1:30 pm

Grades 6-8. Back by popular demand! Sign up for one or all three hands-on workshops. Join the maker movement to experiment and innovate @ the library. Registration for each session is required.

▶ *June 29: Art & Design*

Create a unique item by combining art and technology.

▶ *July 13: Take Apart & Create*

Take apart appliances and put them back together to create something entirely new.

▶ *July 27: Arduino 101*

Experiment with a microcontroller and software.

Robotics Workshops

Fridays, 1-4 pm

Grades 7-12: June 12, July 10

Grades 5-6: June 26, July 24

Work with a partner to build one of the LEGO Mindstorms EV# Core Models. Choose from Gyro Boy, Color Sorter, Puppy or Robot Arm. Next, automate your robot by downloading and tweaking the program. Sign up for each class separately. Classes limited to 12.

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CARY AREA PUBLIC LIBRARY

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847.590.8706 renewals/account info
www.caryarealibrary.info



HOURS

M-Th 9 am-9 pm
F-Sa 9 am-5 pm
Su 1-5 pm

CLOSINGS

May 10 Mother's Day
May 24 Memorial Day
May 25 Memorial Day
June 21 Father's Day
July 4 Independence Day
July 5 Independence Day

LIBRARY BOARD

Meets the second Thursday of the month at
7 pm. Contact: librarybd@caryarealibrary.info.

Members: George England
Barbara Kalchbrenner
Kelly Kuningas
Margaret Myers
Janet Polep
Teresa Sigsworth
Lisa Stiegman

DIRECTOR Diane McNulty

DEPARTMENT HEADS

Adult Services: Carroll Wagus
Circulation: Jane Chivari
Technical Services: Linda Conn
Youth Services: Jennifer Reopelle

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FRIENDS OF THE CARY AREA LIBRARY

► Check out the new Friends logo! Congratulations to Cary Grove High School student, Katelyn Zortea, who submitted the winning logo design in the recent FOCAL Logo Competition. Her logo will be used on all future FOCAL publicity. A special thanks to Ms. Wendy Guss, CGHS art teacher, for incorporating logo design in her curriculum. We were impressed with the art students' creativity and designs!



► We want more Friends! We are always looking to grow our group with new and active volunteers. Besides giving back to the Library, it's fun! Please come check us out. Meetings are held at 7 pm in the Library, typically the first Thursday of each month. Next up: May 7 (at 7:15pm), June 4, and August 6.

► We are seeking two teen volunteers to start helping us this summer. The main task is taking boxes of sorted books down to the Library's basement for storage. Time commitment is minimal, 30-60 minutes twice a month (or as needed). Please call or stop by the Library to give us your contact information and we'll be in touch!

SUMMER READING SPONSORS

We would like to thank the generous sponsors who have helped make our Summer Reading program enticing for all.

Anytime Fitness (Cary)
Breaking Bread
Cary Grove Area Chamber
Cary Park District
Cary Physical Therapy
Classic Cinemas (Woodstock)
Colonial Cafe (Crystal Lake)
Culver's (Crystal Lake)
Dolphin Swim Club
Elite Kids
Epic Air

Famous Dave's BBQ
Friends of the Cary Area Library
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Jewel (Cary)
Keller Williams Signature Plus Team
McHenry County Fair
Nick's Pizza (Crystal Lake)
Pump It Up
Raging Waves
Sage YMCA
Subway (Cary)