WINTER READING  Treat Yourself To a Good Book

We're doing something new this year (see a theme here?): You decide how many books you want to read. There is no log, only entry slips into weekly drawings for gift cards and other prizes. So, the more you read, the more chances you will have to win. You can read one book, or 20 - it's up to you! Everyone receives a treat at sign-up and at the end, all of the entries will be entered into grand prize drawings for each age group (adults, teens, independent readers, and read-to-me kids).

1000 BOOKS BEFORE KINDERGARTEN

Reading to your young child is critical to his or her literacy development and readiness for kindergarten. Beginning January 2, we're offering 1000 Books Before Kindergarten to families with children who are birth through age 5.

While 1000 books sounds daunting, it's only:

- 3 books a day for 1 year = 1095
- 10 books a week for 2 years = 1040
- 1 book a day for 3 years = 1095

You decide the pace - just finish before your child is due to attend kindergarten. You may even complete the program multiple times. Any and every book counts - even if you re-read favorites.

At registration you'll receive a canvas bag, and to encourage your child, we'll award a sticker each time you complete 100 books. Once you've reached 1000 books, you'll earn a book to keep. And, any reading done for this program counts towards Winter Reading (see below)!

NEW YEAR, NEW LIBRARY CARD

We're excited to announce that we will be updating our library cards in the new year. The new card includes the traditional wallet card as well as a keychain card for your convenience. Stop by the Circulation Desk to get your new card beginning January 2. Please bring your current ID and old library card with you.

NEW @ Your Library

Are you ready for a "new" library? We are working on new services and programs to improve your experience at the Library (two of which are featured on this page). Stay tuned throughout the upcoming year and look for the red "new" banners!
**MAKE IT ▼**

**Winter Evergreen Swag**  
*Wednesday, December 3, 7-8 pm*  
Create a beautiful winter decoration. Peggy Garvin of Garvin Gardens will be here to help us design a lovely evergreen swag using a variety of mixed greens, pine cones, eucalyptus, berries, and ribbon. Please bring pruners to the workshop. There is a $20 fee for materials.

**Bling for the Holiday**  
*Sunday, December 7, 1:30-3 pm*  
Spend a fun afternoon putting together a little bling for yourself or a friend for the holiday season. Design a beautiful necklace and earrings using simple beading techniques. Lots of colors and options available. No experience necessary. An $8 materials fee is due at registration, please register in person.

**Tangled Snowflakes Drawing Workshop**  
*Sunday, January 4, 2-3:30 pm*  
Tangling is a popular form of doodling that’s fun and relaxing... and produces amazing results. No art experience required! Come learn about tangling and make a beautiful snowflake with some guidance and your creativity.

**YOUR HEALTH ▼**

**Coping with Stress**  
*Wednesday, December 10, 7-8 pm*  
Feelings of stress happen as a result of the body’s natural instinct to protect itself. However, when stress goes on too long, it can cause unhealthy physical symptoms. Signs of stress can include high blood pressure, problems with relationships, insomnia, digestive problems and fatigue. Find out ideas for dealing with stress including changing your reactions and/or lifestyle.

**Alzheimer’s: Know the 10 Signs**  
*Wednesday, January 21, 7-8:30 pm*  
The warning signs of Alzheimer’s disease are often dismissed as symptoms of normal aging. If you or someone you know is experiencing memory loss or behavioral changes, it’s time to learn the facts. Early detection gives you a chance to plan for the future. Hear from other people who have the disease and find out how to recognize the signs.

**Heart Smart**  
*Wednesday, February 4, 7-8 pm*  
Heart disease is the number one cause of death in the United States. Learn about the heart and how simple lifestyle changes you can make will keep your heart healthy.

**Healthy Cooking**  
*Sunday, February 15, 2-3:30 pm*  
Are you looking for some healthy alternatives to everyday meals? These recipes will add nutrition, great flavors and new textures to your meals using healthy fresh ingredients. Take home some new and healthy ideas for your everyday meals.

**FOR THE FOODIES ▼**

**Chili It Is!**  
*Wednesday, January 7, 7-8:15 pm*  
Chef Niksic has been ahead of the curve with many cooking trends. Check out tonight’s example of why when it comes to a great comfort food: chili! This program will be an eye opener as he demonstrates how to create a savory dish with multiple layers of flavor. Instructions are easy to grasp and suitable for all kitchen skill levels. Hot and spicy, not really. Rich, healthy and satisfying, oh yeah!

**Healthy H2O: A Probiotic Workshop**  
*Monday, February 9, 7-8 pm*  
Learn what probiotics are, why you need them, and how to make your own probiotic water for pennies per batch. Join Clinical Aromatherapist Dawn Duffy as she talks about better health through probiotics. Each participant will make a starter of probiotic water to take home during the workshop. Please register at the library to pay the $5 starter kit fee.

**Spice it Up!**  
*Wednesday, February 25, 7-8:15 pm*  
Patty and Tom Erd, owners of The Spice House in Evanston, have spent their lives in pursuit of the highest quality spices from all around the globe. Learn about spices as they share interesting historical facts, anecdotes and entertaining tales. Honored by Food & Wine magazine in 2013 as one of the top spice shops in the world, Patty and Tom will wow you with their expertise. All who attend will receive a spice reference catalog and samples!

Do you have a book that you find yourself recommending to your friends and family? Well, us your "Patron Picks!" Once we've amassed a selection of titles, we'll be displaying them prominently with our "Staff Picks." Stop by the Circulation Desk the next time you're in or fill out our online form (www.caryarealibrary.info/patronpicks) and tell us what we're missing.
BECOME AN EXPERT ▼

Travel Savvy
Wednesday, January 14, 7-8:30 pm
Travel can broaden your horizons, but it brings with it risks, costs, hassles, and other considerations. Every stage of a trip is important: planning, packing, traveling, touring, and returning home. Come learn about some tricks, products, and resources to save money, cut risks, reduce hassles, and have more fun. While the program is geared more for international travel, there will be useful tips for everyone.

A New Location: Steps for Quickly Getting Started
Saturday, January 17, 10-11:30 am
Tracing our ancestors takes us back in time to many different locations. Learn strategies to assist you in systematically approaching a new location to quickly identify primary and secondary sources appropriate for your research. Learn ways of getting access to these resources, especially when operating at a distance.

Photography: Composition
Wednesday, January 28, 6:30-8 pm
If you love taking pictures, this is the workshop for you. Composition is the artistic side of taking beautiful photos. There’s more to it than just being in focus. Learn about light, how to look at scenes and how to compose your pictures and take your photography to the next level!

COMPUTER CLASSES ▼

Please note that there are no computer classes in December and January.

MS PowerPoint: Intro
Saturday, February 7, 10 am-12 pm
Learn to design a slideshow using Microsoft PowerPoint. Create and format slides, insert clip art and add slide transitions. Prerequisite: some basic computer experience.

MS Word: Intro
Saturday, February 7, 1-3 pm
Learn to create, edit, format, save, and print documents. Prerequisite: basic computer skills.

ADULT BOOK DISCUSSION ▼

You are invited to join one of our book groups for a lively discussion. Books are available for checkout each month at the Circulation Desk. There is no discussion for December.

► JANUARY
Wednesday, January 28, 10:30-11:30 am
The House Girl by Tara Conklin

Thursday, January 29, 7-8 pm
Life After Life by Jill McCorkle

► FEBRUARY
Wednesday, February 25, 10:30-11:30 am
The Dressmaker of Khair Khana by Gayle Tzemach Lemmon

Thursday, February 26, 7-8 pm
The All Girl Filling Station by Fannie Flagg

SCIENCE TIME ▼

Wired for Science Club
Tuesdays, 5-6 pm
December 9: Canines of McHenry Co.
January 13: Rubber Band Power
February 10: Soda Bottle Boats
Grades 3-5. Each month we will feature exciting experiments to get kids exploring different areas of science. Register for each session.

Science Patrol
Monday, December 22, and Saturdays, January 24, February 28, 10:30-11:15 am
Ages 3-6 with an adult. Explore science with your child by conducting an experiment. We will hear a story and have fun testing ideas scientifically.

Have to Have a Habitat
Friday, January 16, 10:30-11:15 am
Ages 3-6 with an adult. McHenry Co. Conservation staff will teach kids about local animals, what animals need to survive, and how humans can help them. Highlights will include a puppet show and a habitat game.

Slime and Chemistry
Thursday, February 12
Grades 1-4: 1 pm
Grades 5-8 : 2 pm
Let’s join the Discovery Center Museum staff to measure, pour, and mix chemicals to produce reactions, investigate solids, liquids, gases, and even concoct slime!
Program registration begins Friday, November 21. Registration will open to out-of-district patrons one week prior to the program.

**BOOK CLUBS ▼**

**Book Busters**  
*Wednesdays, December 17, January 21, and February 18, 7-8 pm*  

**Mother Daughter Book Club**  
*Thursdays, December 18, January 15, and February 19, 4:30-5:30 pm*  
Grades 4-5. Back by popular demand! Enjoy a chance to read with your mother or other adult female, and then join us for a fun-filled discussion with activities. The December meeting with be a get together to meet, make a craft and pick up a copy of the book.

**Story Explorers: Celebrations Around the World**  
*Tuesdays, January 20 and February 17, 4-4:45 pm*  
Grades K-2. We’ll continue our travels around the world learning about how people in other cultures celebrate through stories. Kids will enjoy a fun activity. Register for each session.

**MAKE IT ▼**

**LEGO Club**  
*Tuesdays, December 23, 1:30-3 pm*  
Sunday, January 25, 1:30-3 pm  
Monday, February 16, 1:30-3 pm  
Grades 1-6. Each month we will highlight a new theme to build and creations will be put on display in the Library. Register for each session.

**Knex Amusement Park**  
*Monday, December 29, 4-6 pm*  
Grades 4-6. Come and help create an entire amusement park! Children will be given a choice from the many amusement park models to design like the Scrambler, a Ferris Wheel or even the London Eye. Limited to 10 participants.

**ALL ABOUT ART ▼**

**Snowflake Snowman**  
*Monday, January 12, 4:30-5:30 pm*  
Grades K-2. We'll fold and cut snowflakes to make a snowflake snowman! Details will be added to our snowman with colored paper and we'll complete our picture by adding snow with white paint. Limited to 20 students.

**Value Snowmen**  
*Monday, January 26, 4:30-5:30 pm*  
Grades 3-5. Value in art is the range from light to dark. We'll draw snowmen and practice some shading techniques. Limited to 15 students.

**Love Art**  
*Monday, February 9, 4:30-5:30 pm*  
Grades K-2. The artist, Robert Indiana, made the LOVE sculpture. We'll create our own LOVE picture using paints and markers. We will use patterns to decorate our positive and negative space. Limited to 20 students.

**Kaleidoscope Art**  
*Monday, February 23, 4:30-5:30 pm*  
Grades 3-5. Using colored paper we'll create some colorful, symmetrical art that resembles what you would see looking through a kaleidoscope. Limited to 20 students.

**STORYTIMES ▼**

**FAMILY STORYTIMES**  
For children birth to age 6 with an adult. Stimulate your child’s senses through books, rhymes, music and movement. Pick up your free tickets at the Info Center.

**Mondays, 10:30-11:15 am**  
December 1, 8, 15  
January 12, 19, 26  
February 2, 9, 16, 23

**Tuesdays, 10:30-11:15 am**  
December 2, 9, 16  
January 13, 20, 27  
February 3, 10, 17

**Thursdays, 6:30-7 pm**  
December 4, 11, 18  
January 15, 22, 29  
February 5, 12, 19, 26

**PRESCHOOL STORIES**  
For ages 3 ½ - 5. Help your preschooler get ready to read and build skills through stories, music and rhymes. Caregivers must remain in library; pick up child’s name tag at the Info Center.

**Tuesdays, 9:30-10 am**  
December 2, 9, 16  
January 13, 20, 27  
February 3, 10, 17

**BILINGUAL STORYTIME**  
All ages welcome. Join Ester Figueroa for 30 minutes of interactive stories, songs and fun for parents and children to enjoy together. No registration required.

**Wednesdays, 6:30-7 pm**  
December 4, 11, 18  
January 15, 22, 29  
February 5, 12, 19, 26

**New!**

**1000 BOOKS BEFORE KINDERGARTEN**  
Don’t miss out on this opportunity to shape your child’s future! See details on the front page.
Program registration begins Friday, November 21.

**BATTLE OF THE BOOKS ▼**

Battle of the Books Club
Thursday, December 2, 7-8 pm
Tuesday, December 4, 7-8 pm
Grades 6-8. Pick up the final book at the Info Center and meet on Tuesday or Thursday to discuss the books and to prepare for the Battle of the Books which will be on January 13 at the Cary Junior High. Teams will be created for the Battle. Registration required.

Team Practice Round
Tuesday, January 6, 7-8 pm
Battle of the Books Club members meet with your team to compete in a practice round with judges and timekeepers.

**GAMING ▼**

Teen Gaming
Monday, December 30, 7-8:30 pm
Tuesday, February 17, 7-8:30 pm
Grades 6-12. Drop in to play Wii Brawl, Guitar Hero and more on the big screen. No registration required.

**TEEN TECH ▼**

LEGO Mindstorms Robot
Sundays, January 18, February 22, and March 22, 1:30-3:30 pm
Learn how to program LEGO’s latest Mindstorms robot, the EV3, in this hands-on class. Limited to 12 teens.

**MAKE IT ▼**

Valentine Colored Pencil Workshop
Tuesday, February 3, 7-8:30 pm
Grades 6-12. Learn tips to create beautiful valentines with colored pencils in this workshop taught by Kaleidoscope School of Fine Art located in Barrington. All levels of drawing experience are welcome. Registration required.

**BECOME AN EXPERT ▼**

What’s in your Genes? Intro to Genealogy for Teens
Friday, January 2, 1-2:30 pm
Grades 6-12. How long has your family been in the United States and how and why did they come here? Learn how to uncover the answers to these and many more questions in this workshop with Nancy Gaynor. Please bring a copy of your birth certificate to class to help you get started. Registration required.

Practice ACT
Saturday, February 21, 10 am-2 pm
Grades 9-12. This is a great chance for college-bound high school students to become more familiar with the ACT test. Kaplan Test Prep and Admission will administer a free full-length multiple choice practice exam. Scores are mailed to students in about two weeks assisting students in preparing for the actual exam. Please bring an approved calculator and a #2 pencil. Class limited to 30 students; registration required.

**TAB ▼**

Teen Advisory Board
Tuesdays, December 9, January 20, and February 10, 7-8:30 pm
Grades 6-12. Teens, join the Teen Advisory Board to suggest new programs and materials, help the Friends of the Library with their book sales and just meet other teens interested in the library. Bring a friend and come join us.

Slime and Chemistry
Thursday, February 12, 2-3 pm
Grades 5-8. Pour, measure and mix chemicals to produce reactions, investigate solids, liquids and gases. and oh, yes, you will create slime! Registration required.

**CARY-GROVE HIGH SCHOOL SENIOR ART EXHIBIT**

Meet the Artists Reception
Monday, December 8, 6-7 pm
You are invited to meet and greet the amazing student artists from Cary-Grove High School and marvel at their wonderful art projects illustrating this year’s theme “Art and Identity.” Art will be on display in the Library from the afternoon of December 3 through the morning of December 10.
Are you, or someone you know, homebound due to age, illness or disability? Cary Area Library cardholders can sign up for our free Homebound Delivery service. We'll bring and pick up materials of your choice or titles we pick based on your preferences. Contact the Information Center at 847.639.4210 or visit our website at www.caryarealibrary.info to sign up.

iPOD DRIVE

Do you have extra iPod or iPod Shuffle? The Teen Advisory Board is collecting i-Pods and will load 1930s music on them to present to the residents of Three Oaks Assisted Living. Research has shown that music has a powerful therapeutic effect for those with dementia and Alzheimers, as shown in the new documentary, *Alive Inside- A Story of Music and Memory*. Please drop off iPods to the Library Information Center or call Jeanne Barrett (639-4210 x3).

HOMEBOUND DELIVERY

Are you, or someone you know, homebound due to age, illness or disability? Cary Area Library cardholders can sign up for our free Homebound Delivery service. We'll bring and pick up materials of your choice or titles we pick based on your preferences. Contact the Information Center at 847.639.4210 or visit our website at www.caryarealibrary.info to sign up.

FRIENDS OF THE LIBRARY NEWS

- Upcoming meetings are scheduled on the first Thursday of each month at 7 pm: December 5, January 8 and February 5
- Thanks to patrons for supporting the October 2014 used book sale as we earned $4,789.75! All proceeds are put toward goods and services for the library.
- Donations of gently used books are always welcome during library hours, and are tax deductible! Please note, we can no longer accept encyclopedias and reference sets, yearbooks, textbooks over 5 years old, VHS and cassette tapes.

CARY IT FORWARD

The Library is now a pickup location for Cary It Forward cards. The cards can be found at either the Circulation or Information desks. Visit caryitforward.com or their Facebook page for more information about the movement.

***ECRWSS***
Postal Customer Library Patron